

Get The Facts

Claim	Backup
Cait Conley is a fourth-generation Hudson Valley native,	<p>“Cait Conley.” Leadership Now Project</p> <p>A fourth-generation Hudson Valley native, she served 16 years in the U.S. Army with six overseas deployments, including combat missions in Iraq and Afghanistan, earning three Bronze Stars.</p>
granddaughter of a Montrose brickyard worker, and daughter of a postal worker and a construction worker.	<p>“All Eyes Are on Battleground CD NY-17.” Peekskill Herald, 2/18/26</p> <p>Cait Conley is a fourth-generation Hudson Valley native. Her mother, born in Peekskill, has been a postal worker for 48 years. Her father was a construction worker, and her grandfather and great-grandfather worked in the Montrose brickyard.</p>
After 9/11, she went to West Point, became a decorated Army combat veteran, and served for 16 years, with 6 overseas deployments, as one of the first women in special operations leadership.	<p>“Who is Army veteran Cait Conley, 3rd Democrat to join 2026 race for Lawler's seat?” LoHud, 3/24/25</p> <p>Conley, a Hudson Valley native who graduated from West Point in 2007 and served 16 years in the Army, is the third Democratic candidate to file papers to run for New York's 17th Congressional District in 2026.</p> <p>“Tillman Scholars – Class of 2016 - CAITLIN CONLEY” Pat Tillman Foundation</p> <p>Since her time as a cadet, Caitlin has worked continuously to demonstrate that tactical and technical competency is not decided by gender but by the individual, and as a young military officer she continued to push the envelope on women’s role in combat assignments . In 2008, she was selected to lead the first Military Police Platoon organic to an Infantry Stryker Brigade Combat Team, and became the Army’s first female maneuver officer in an Infantry Stryker Brigade. In 2010, she was selected as the first female officer to serve in an operational capacity within a special missions unit. During her past six years in the Special Operations Community, Caitlin served in numerous operational and leadership roles to include multiple overseas deployments. In 2014, Caitlin was selected to command a newly established unit charged with developing and integrating cutting edge technological capabilities into ground tactical operations.</p>
Now she looks around and sees chaos, corruption, and illegal wars – all of them raising our costs. She’s running to stop Trump, defeat Mike Lawler, and make life better for families like her own.	<p>“Inside Trump’s Effort to “Take Over” the Midterm Elections.” ProPublica, 4/13/26</p> <p>ProPublica scrutinized what happened the last time Trump lost a national election. Some of that happened in plain sight: After a cascade of defeats in court, Trump began pressuring state and local officials to overturn the results. But more happened behind the scenes, like the meeting that helped persuade Barr to hold the line.</p> <p>Our reporting uncovered previously undisclosed aspects of a federal effort to safeguard the results of the 2020 vote, which involved at least 75 people across several agencies. Today, nearly all of those people are gone, having resigned, been fired or been reassigned, particularly in the departments of Justice and Homeland Security. That included the cybersecurity specialists who had established that the Antrim County allegations were false and reported their findings to Barr.</p> <p>“U.S. Inflation Surged in March as Iran War Pushed Up Prices.” New York Times, 4/10/26</p>

	<p>U.S. inflation surged in March as the energy shock stemming from the war in Iran rippled across the economy.</p> <p>The Consumer Price Index report showed that inflation jumped to 3.3 percent compared with the same time last year, almost a full percentage point increase from February’s annual pace. Overall prices rose 0.9 percent over the course of March, the highest monthly gain since the peak of the post-pandemic inflation crisis in June 2022.</p>
<p>Cait Conley is a Hudson Valley native</p>	<p>“Cait Conley.” Leadership Now Project</p> <p>A fourth-generation Hudson Valley native, she served 16 years in the U.S. Army with six overseas deployments, including combat missions in Iraq and Afghanistan, earning three Bronze Stars.</p>
<p>and 16-year Army combat veteran</p>	<p>“Who is Army veteran Cait Conley, 3rd Democrat to join 2026 race for Lawler's seat?” LoHud, 3/24/25</p> <p>Conley, a Hudson Valley native who graduated from West Point in 2007 and served 16 years in the Army, is the third Democratic candidate to file papers to run for New York's 17th Congressional District in 2026.</p>
<p>[and was one of the first women in special ops leadership].</p>	<p>“Tillman Scholars – Class of 2016 - CAITLIN CONLEY” Pat Tillman Foundation</p> <p>Since her time as a cadet, Caitlin has worked continuously to demonstrate that tactical and technical competency is not decided by gender but by the individual, and as a young military officer she continued to push the envelope on women’s role in combat assignments . In 2008, she was selected to lead the first Military Police Platoon organic to an Infantry Stryker Brigade Combat Team, and became the Army’s first female maneuver officer in an Infantry Stryker Brigade. In 2010, she was selected as the first female officer to serve in an operational capacity within a special missions unit. During her past six years in the Special Operations Community, Caitlin served in numerous operational and leadership roles to include multiple overseas deployments. In 2014, Caitlin was selected to command a newly established unit charged with developing and integrating cutting edge technological capabilities into ground tactical operations.</p>
<p>Cait’s served at the highest levels of government, including the White House, protecting our critical infrastructure and fighting against Trump’s Big Lie that the 2020 election was stolen.</p>	<p>“Army combat veteran to take over key election security role working with state, local officials.” Associated Press, 6/30/23</p> <p>An Army combat veteran with extensive cybersecurity and counterterrorism experience is taking over as one of the nation’s top election security officials, the director of the U.S. Cybersecurity Infrastructure Security Agency announced Friday.</p> <p>In the position, Cait Conley will coordinate with federal, state and local officials responsible for ensuring elections are secure ahead of the 2024 presidential election. CISA Director Jen Easterly said Conley’s national security experience made her “ideally suited to help those state and local officials carrying out elections in every community in America.”</p> <p>Cait Conley, Combating Terrorism Center at West Point</p> <p>Conley most recently served as the Senior Advisor to the Director of CISA (the Cybersecurity and Infrastructure Security Agency as part of the Department of Homeland Security). In that role, she provided direct counsel to the Director on operational and strategic priorities, to include serving as CISA’s Senior</p>

	<p>Executive overseeing the agency’s multidomain election security mission supporting state and local election offices in all 50 states and territories and the private sector vendor community. Conley oversaw CISA’s delivery of thousands of physical and cybersecurity services and trainings supporting tens of thousands of critical infrastructure stakeholders to include onsite and remote assessments, penetration testing, incident response assistance, and tabletop exercises to rehearse incident response and communications plans and processes.</p> <p>Prior to joining CISA, Conley served as the Director for Counterterrorism on the National Security Council where she led policy efforts to counter threats from Middle East state and non-state actors and domestic emerging threats, to include serving as the lead for counter-UAS related policies to include helping author the Counter-UAS National Action Plan.</p> <p>“Federal, state officials say no evidence to back up claims of election fraud in Pennsylvania.” PBS, 11/5/24</p> <p>A senior official at the federal cybersecurity agency says no nationwide security problems are threatening the integrity of the elections, and is pushing back on claims of fraud in the key battleground state of Pennsylvania.</p> <p>Cait Conley, a senior adviser to the director of the Cybersecurity and Infrastructure Security Agency, told reporters that though officials have responded to bomb threats, disinformation and other problems, there are no major incidents with a national-level impact.</p> <p>Asked about claims of widespread fraud in Pennsylvania being advanced by Donald Trump and some of his supporters, Conley said federal officials had been in close contact with their state and local counterparts across the country and "we see no data or reporting to support these claims."</p>
<p>Cait was willing to die for a country she now barely recognizes: Trump needs to be stopped, ICE needs to be reined in, and the lawlessness must end.</p>	<p>What Cait Is Fighting For, Cait for New York</p> <p>A safe America and the integrity of American democracy. Cait will fight back against Trump’s unlawful and authoritarian agenda by reining in ICE, protecting our elections, and stopping his attacks on our democracy.</p>
<p>Tough problems call for tough leaders, and that’s Cait Conley.</p>	<p>“Tillman Scholars – Class of 2016 - CAITLIN CONLEY” Pat Tillman Foundation</p> <p>Since her time as a cadet, Caitlin has worked continuously to demonstrate that tactical and technical competency is not decided by gender but by the individual, and as a young military officer she continued to push the envelope on women’s role in combat assignments . In 2008, she was selected to lead the first Military Police Platoon organic to an Infantry Stryker Brigade Combat Team, and became the Army’s first female maneuver officer in an Infantry Stryker Brigade. In 2010, she was selected as the first female officer to serve in an operational capacity within a special missions unit. During her past six years in the Special Operations Community, Caitlin served in numerous operational and leadership roles to include multiple overseas deployments. In 2014, Caitlin was selected to command a newly established unit charged with developing and integrating cutting edge technological capabilities into ground tactical operations.</p>

<p>Cait Conley is a proud patriot who dedicated her life to serving this country. West Point grad, 16 years in the Army, and 6 deployments overseas, as one of the first women in special operations leadership.</p>	<p>“Who is Army veteran Cait Conley, 3rd Democrat to join 2026 race for Lawler's seat?” LoHud, 3/24/25</p> <p>Conley, a Hudson Valley native who graduated from West Point in 2007 and served 16 years in the Army, is the third Democratic candidate to file papers to run for New York's 17th Congressional District in 2026.</p> <p>“Tillman Scholars – Class of 2016 - CAITLIN CONLEY” Pat Tillman Foundation</p> <p>Since her time as a cadet, Caitlin has worked continuously to demonstrate that tactical and technical competency is not decided by gender but by the individual, and as a young military officer she continued to push the envelope on women’s role in combat assignments . In 2008, she was selected to lead the first Military Police Platoon organic to an Infantry Stryker Brigade Combat Team, and became the Army’s first female maneuver officer in an Infantry Stryker Brigade. In 2010, she was selected as the first female officer to serve in an operational capacity within a special missions unit. During her past six years in the Special Operations Community, Caitlin served in numerous operational and leadership roles to include multiple overseas deployments. In 2014, Caitlin was selected to command a newly established unit charged with developing and integrating cutting edge technological capabilities into ground tactical operations.</p>
<p>From combat zones to the White House Situation Room, Cait has fought to keep our families safe.</p>	<p>“Army combat veteran to take over key election security role working with state, local officials.” Associated Press, 6/30/23</p> <p>An Army combat veteran with extensive cybersecurity and counterterrorism experience is taking over as one of the nation’s top election security officials, the director of the U.S. Cybersecurity Infrastructure Security Agency announced Friday.</p> <p>In the position, Cait Conley will coordinate with federal, state and local officials responsible for ensuring elections are secure ahead of the 2024 presidential election. CISA Director Jen Easterly said Conley’s national security experience made her “ideally suited to help those state and local officials carrying out elections in every community in America.”</p> <p>Cait Conley, Combating Terrorism Center at West Point</p> <p>Conley most recently served as the Senior Advisor to the Director of CISA (the Cybersecurity and Infrastructure Security Agency as part of the Department of Homeland Security). In that role, she provided direct counsel to the Director on operational and strategic priorities, to include serving as CISA’s Senior Executive overseeing the agency’s multidomain election security mission supporting state and local election offices in all 50 states and territories and the private sector vendor community. Conley oversaw CISA’s delivery of thousands of physical and cybersecurity services and trainings supporting tens of thousands of critical infrastructure stakeholders to include onsite and remote assessments, penetration testing, incident response assistance, and tabletop exercises to rehearse incident response and communications plans and processes.</p> <p>Prior to joining CISA, Conley served as the Director for Counterterrorism on the National Security Council where she led policy efforts to counter threats from Middle East state and non-state actors and domestic emerging threats, to include serving as the lead for counter-UAS related policies to include helping author the Counter-UAS National Action Plan.</p>

<p>Cait's running to cut through party politics and do what's right for the working people of the Hudson Valley.</p>	<p>Priorities, Cait for New York</p> <p>Cait has put her life on the line to defend this country. Today, she looks around and sees a nation she barely recognizes, an administration abusing its powers to punish political opponents, a country being pushed in the wrong direction, chaos abroad, and reckless tariffs that are raising costs for hard-working families. The same politicians who created this mess won't be the ones who fix it. She has the courage to do what's right, the strength to fight and win against Donald Trump and his enablers like Mike Lawler, and the leadership to deliver results on Day One.</p> <p>Here in NY-17, families are increasingly getting priced out, shut out of opportunities, and feeling left behind. Our infrastructure is crumbling. Housing is unaffordable. And quality healthcare is out of reach for far too many.</p> <p>Cait is not a lifelong politician or political operative. Throughout her career, Cait has been called upon to solve the toughest problems and deliver. And with the stakes this high, there's no time for on-the-job training. That's why Cait is running for Congress – to stop the talk and actually deliver on a better future for New Yorkers.</p>
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